



# KNOW WHEN TO Self-Monitor, Self-Isolate or Send your Child to School

Schools and parents have questions about COVID-19, and what they should be doing to protect their families and their community.

Below are some examples of possible situations with information to help guide schools and parents.

## What if...



### Hossein tests positive for COVID-19...

- Hossein will need to self-isolate for 10 days from when the symptoms began.
- His siblings and his family will all need to self-isolate for 14 days.



### Julia has symptoms of COVID-19...

- Julia needs to self-isolate at home, and arrange to get tested.
- Julia's siblings and other family members can still go to school or work while she is waiting for her test results, and if she tests negative for COVID-19.
- Julia can return to school if her test is negative, and her symptoms have been improving for at least 24 hours.



### Bao Lee has symptoms of COVID-19, but did not get tested...

- Bao Lee will have to self-isolate at home for 10 days from when his symptoms started.
- Bao Lee's siblings and other family members can still go to school or work as long as they don't have symptoms.



### Abdul was in close contact with someone who has COVID-19...

- Abdul must self-isolate at home for 14 days, and monitor for symptoms.
- Abdul's siblings and other family members can still go to work or school.
- But, if Abdul develops symptoms, his siblings and family will need to self-isolate for 14 days from the day his symptoms started.





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## Berta's mom was in close contact with someone who tested positive for COVID-19...

- Berta's mom must self-isolate at home for 14 days, and arrange to get tested.
- Berta can still go to school.
- If Berta's mom develops symptoms of COVID-19 while she is self-isolating, then Berta, her siblings and other family members will also have to self-isolate until her mother's COVID-19 test results are confirmed.

## Jackson's mom has travelled outside of Canada in the last 14 days...



- Jackson's mom must self-isolate at home for 14 days. She should stay in a separate room and keep her distance from others at home.
- Jackson can go to school as long as he doesn't have symptoms.
- If Jackson's mom develops symptoms, she should get tested. Jackson and his family will have to stay home and self-isolate if Jackson's mom tests positive for COVID-19.