



# CLAUDE WATSON SCHOOL FOR THE ARTS

## WEEKLY ANNOUNCEMENTS

### MARCH 19, 2021



#### Upcoming Dates and Events

April 2: Good Friday  
April 5: Easter Monday  
April 12 to 16th: March Break  
May 24: Victoria Day no School

#### TDSB Earth Hour 2021

This week we mark the one year anniversary of a global pandemic that has forever changed our lives. It has been a challenging year and we have faced great uncertainty and tremendous changes. The pandemic highlighted social inequities forging critical conversations about anti-oppression. Although we recognize the stress and weight of the pandemic, we also recognize the strengths, the building of community and our perseverance.

The changes and challenges in schooling that have resulted for our children allow us to reflect on how we have endured such times with resilience, compassion and care for one another and ourselves.

As we reflect, let's acknowledge the impact COVID-19 has had on each of us and recognize and appreciate that everyone, including our child/ren, have their own unique experiences. As part of these reflections, please continue to consider ways you can support your mental health and well-being and that of your child/ren. Think of daily actions, even if they are small that you and your children can do everyday, such as a few minutes of deep breathing, to support positive mental health and well-being.

We are here to help support you. You can access our online resources or visit one of our caregiver virtual drop ins with a member from our Professional Support Services team.

We hope that as the weather warms and we welcome the spring, it offers a renewed sense of hope. Here's to brighter days ahead.

#### Black History Month Grant & Award

Let us celebrate our History through words, arts and culture. We invite you to enter our "Celebrate Black History" contest. This is your time to shine with a submission of a poem, spoken word piece, essay (200 - 500 words), factoid, or artwork (please send a picture) depicting a personality or significant event in Black History. Submissions must clearly identify a moment in Black History. Your work must be factual, and created by you. Please click on the link for the information [..\GRANT\\_AWARD\\_APPLICATION\\_INFO.pdf](#)